

# Illawarra Shoalhaven Suicide Prevention Collaborative

Breakfast Meeting Minutes – 3 November 2016  
8:00am – 9:00am, room 3.301, IHMRI

## 1. Attendees

### WOLLONGONG:

LINDA LIVINGSTONE	(LL)	ISSPC Executive; COORDINARE
PAULA HAKESLY	(PH)	Director Mental Health Services, ISLHD
RON DE JONGH	(RdJ)	CEO, Grand Pacific Health
LEANNE LAWRENCE	(LL)	Illawarra AMS
ERIN HIESLEY	(EH)	ISSPC Executive; Youth Health Manager, GPH
ALEX HAINS	(AH)	Regional Manager, ISSPC
VIDA BLOKAS	(VB)	ISSPC Executive; ISLHD
BRIN GRENYER	(BG)	ISSPC Executive; IHMRI
CYNTHIA MCCAMMON	(CMc)	Catholic Education
TIM HEFFERNAN	(TH)	ISSPC Executive; Lived Experience
LEANNE WOODLEY	(LW)	Association of Independent Schools
ARMANDO REVIGLIO	(AR)	Wollongong City Council (in place of Kerry Hunt)
LYNDALL FOWLER	(LF)	Chair of Board, West Street Community Centre

### NOWRA:

WENDI HOBBS	(WH)	Shoalhaven Suicide Prevention Awareness Network
TIM HUDMAN	(THu)	Shoalhaven Suicide Prevention Awareness Network
GLENN WILLIAMS	(GW)	ISSPC Executive; Project Manager, MIND the GaP
HELEN BACKHOUSE	(HB)	Cluster Manager, Flourish Australia
DONNA CORBAN	(DC)	Shoalhaven Council (in place of Alan Blackshaw)
JUDITH SIMONS	(JS)	Schizophrenia Fellowship NSW

### PHONE:

TEDDY COOK	(TC)	Team Leader, Regional Outreach Service, ACON
KIMBERLY CHISWELL	(KC)	ISSPC Executive; Senior Social Worker, Waminda (but phone link didn't work)

### APOLOGIES:

NICK GUGGISBERG	(NG)	Kiama Council
FRANK DEANE	(FD)	Director, Illawarra Institute of Mental Health; UOW
WADE LONGBOTTOM	(WL)	South Coast Medical Service Aboriginal Corporation
GREG HAND	(GH)	Department of Education
GRAHAME GOULD	(GG)	Lifeline South Coast
ROB MURRAY	(RM)	Health Relationships Manager, Ambulance Services
HEATHER TAFERNER	(HT)	Shellharbour City Council
MARILYN DUNN	(MD)	First Floor Program Coordinator, Salvation Army
DEBRA MURPHY	(DM)	CEO, Regional Development Australia Illawarra
DARREN BROWN	(DB)	Wollongong LAC, NSW Police
EMMA RODRIGUES	(ER)	LGBTI advocate
KERRY HUNT	(KH)	Wollongong City Council
ALAN BLACKSHAW	(AB)	Shoalhaven Council

## 2. Welcome and introduction

LL welcomed attendees and noted that Black Dog Institute (BDI) unfortunately had to postpone their visit to our next meeting on 1 Dec.

- While the delay is a shame, we're hoping the extra month will mean they will be able to share even more learnings from pilot site 1 (Newcastle).

## 3. Membership

New members attending for the first time were welcomed

- Helen Backhouse, representing Flourish Australia
- Teddy Cook, representing ACON
- Lyndall Fowler, representing West Street Community Centre

New member applications received:

- Heather McCarron, representing TAFE – accepted unanimously by members

ACTION 1: AH to advise Heather McCarron (TAFE representative) of response to her application and invite her to attend from Dec meeting.

AH

## 4. Aftercare Working Group

RdJ advised members that the Aftercare Working Group met for the first time on 12 Oct and some of its members agreed to submit a proposal for the NSW Suicide Prevention Funding, focused on a locally-developed aftercare service – *Next Steps – Suicide Attempt Response Team*.

- Lead agency was GPH, with Flourish Australia, ISLHD and South Coast Medical Service Aboriginal Corporation as partners
- Approx. \$650,000 per year for 4.3 FTE of clinical and non-clinical workforce
- AH thanked PH for sharing ISLHD data
- AH noted that Rachel Green (BDI) was very supportive of the proposed aftercare model and agreed this was a priority for LifeSpan trial sites
- PH said she had shared the proposal with ISLHD Emergency Department Lead Staff, who responded very enthusiastically
- RdJ said the Aftercare Working Group would not meet again until Dec, when we expect to have a response on the proposal

ACTION 2: PH working on revisions to MoU related to *Next Steps* service to enable ISLHD to sign it. PH to advise RdJ as this progresses.

PH &  
RdJ

VB advised members of separate (but related) proposal for Translational Research Grants Scheme (TRGS) that has been drafted by VB, AH and BG to evaluate impact of proposed *Next Steps* aftercare service

- VB currently seeking ISLHD feedback
- VB will consult further with agencies involved in *Next Steps* service prior to submission on 9 Nov
- Likely timeline on hearing result – end of Jan 2017

## 5. GP capacity building

LL noted that COORDINARE has arranged BDI training for GPs in relation to depression. This will be integrated with work COORDINARE is undertaking as a whole to increase GP capacity in relation to responding to mental illness in general.

LL also advised members that COORDINARE has established Clinical Working Groups for the mental health and suicide prevention streams of HealthPathways

- For more information on HealthPathways, see <http://www.coordinare.org.au/health-initiatives/healthpathways/>
- Consumer and carer consultations also planned

ACTION 3: LL invited members interested in contributing to these activities to contact her.	all
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Feedback from the group included the need to ensure practice nurses and practice staff were also provided with support and training in relation to this issue. There was discussion about the need to ensure that on the job coaching was available to all practice staff, if change in practice is to be sustainable. Teddy from ACON is interested in providing input as the strategy is being developed.

## 6. BDI visit

AH reiterated that BDI representatives are attending the next SP Collaborative meeting on Thurs 1 Dec

- Members welcome to bring additional representatives from their organisations or community groups to attend the Dec meeting – please RSVP to AH
- Due to plan for there to be open discussion with larger number of people, AH organising alternative venue and asked all members to attend in person (rather than video- or phone-link)
- Agreed to look at venue in Kiama due to that being central to the region, possibly with later start time (e.g. 9am)
- Likely agenda to include:
  - Presentation on what SP Collaborative has done to date
  - Presentation on current SP activity and identified needs
  - Presentation from BDI on implementation plan and learnings from site 1 (Newcastle)
  - Open discussion with opportunity for people to ask BDI questions
- Suggested discussion topics:
  - Timing of strategies being rolled out
  - Clarification regarding funding, including potential additional funding for services
  - How does BDI see established local activities be able to continue to alongside BDI-introduced activities (subject to local activities being evidence-based)?
  - Opportunities for more detailed, local evaluation underpinning higher-level evaluation conducted by BDI
  - What ongoing support will BDI provide (e.g. resources, trouble-shooting advice, etc.)

ACTION 4: All members to RSVP to AH on <a href="mailto:ahains@coordinare.org.au">ahains@coordinare.org.au</a> with expected number of people attending from their organisation or community group.	all
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ACTION 5: Arrange venue, catering, and time for Dec meeting.	AH
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ACTION 6: Put presentations together, and advise BDI to allow them to prepare for discussion topics.

AH

## 7. SP Collaborative branding and website

LL advised members that a small Working Group will meet for the first time on 11 Nov – EH, AH, LL, GG and Kristine Laird (COORDINARE Communications Manager) to attend.

It was identified that there will be two major stakeholder groups that need to be considered, service providers and consumers, so it will be important to get the balance right in order to ensure communication is effective.

## 8. 5<sup>th</sup> Australian Postvention Conference

TH let members know about this conference to be held at UNSW 23-25 Mar 2017

- For more information, see [http://www.alignmentevents.com.au/sh\\_events/5th-australian-postvention-conference-2016/](http://www.alignmentevents.com.au/sh_events/5th-australian-postvention-conference-2016/)
- AH offered to help anyone who was keen to submit an abstract.

## 9. Fifth National Mental Health Plan

AH advised members that this Plan is currently out for consultation

- For more information, see <http://www.health.gov.au/internet/main/publishing.nsf/Content/mental-fifth-national-mental-health-plan>
- TH and others noted that this Plan has not been received well by the sector and encouraged all to review it and provide feedback

## 10. General business

ACTION 7: AH to attach list of members with contact details to minutes.

AH

## 11. Next meeting

Date: Thurs 1 Dec, with BDI representatives also attending

Time: to be confirmed, but likely 9-11am

Venue: to be confirmed, but likely in Kiama

**PLEASE NOTE: The next meeting will be a very important one for members and their colleagues to attend. Please email [ahains@coordinare.org.au](mailto:ahains@coordinare.org.au) to advise of your attendance or apology. Thank you.**