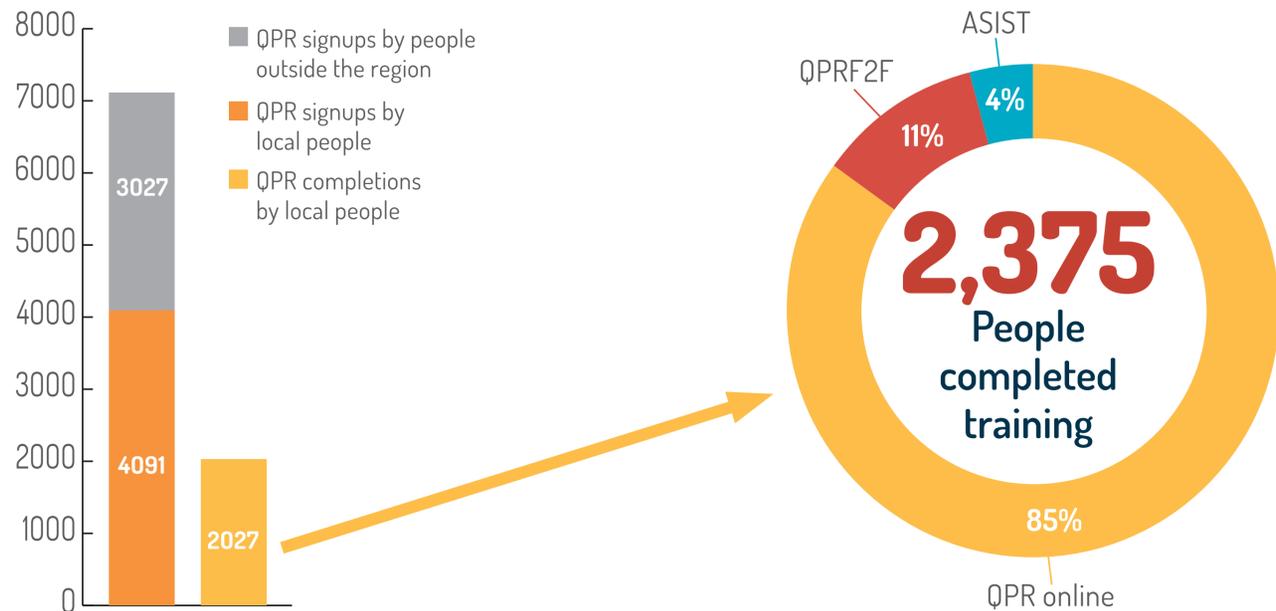


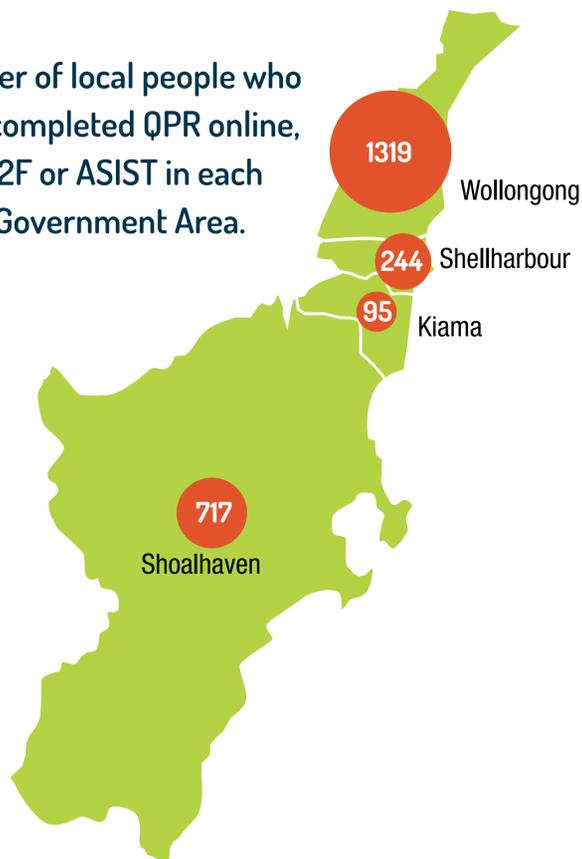
TRAINING THE COMMUNITY TO RECOGNISE & RESPOND TO SUICIDALITY



How many people have completed suicide prevention training?



Number of local people who have completed QPR online, QPR F2F or ASIST in each Local Government Area.



37 local organisations provide suicide prevention training for their staff

"I feel the training is making a positive difference in our teams - not only in the knowledge people gain, but the way we are talking about supporting other people, and the underlying message it sends to everyone that supporting others is something we value very highly."
- Local Health District manager

What has been the impact of community training?

75% have helped someone within 6 months of doing training.



"When (my daughter) initially said that she had suicidal thoughts, I was beside myself. We talked it through but I didn't know what to ask and how to ask it or what to say. Then I saw the QPR advertised. I did the training and since have been able to approach discussions with her more confidently." - QPR Participant

'If someone was showing signs of suicide, I would directly raise the question of suicide with them'



NOTE: These figures illustrate a shift in responses towards 'strongly agree'

'I have skills to help or support a suicidal person'



Data from QPR evaluation, Black Dog Institute (2019).