

SUPPORTING PEOPLE AFTER A CRISIS

Next Steps Aftercare Service

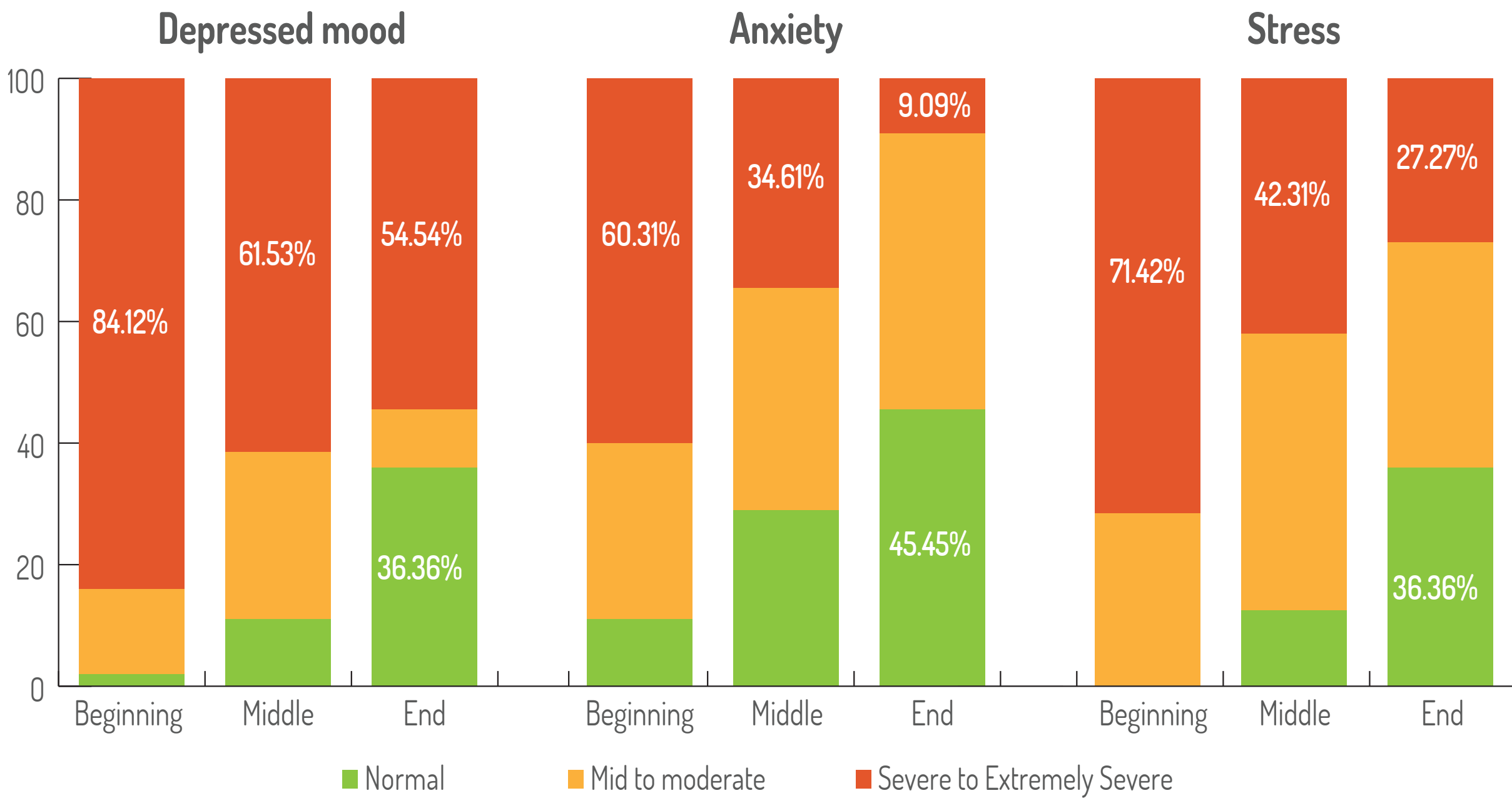
Collaborative member organisations have come together to develop a new service to support people during the transition from hospital-based care to the community. It is called the Next Steps Aftercare Service.



Next Steps involves a combination of support from peer workers (who have their own experiences of mental health and suicidality) and psychologists (who are trained to provide traditional, clinical therapies).

What has been the impact of Next Steps?

100% of people supported by Next Steps would recommend this service to others.



What are suicidal people identifying as key goals for their recovery?

